

Planned hospital admission?

We're here to help you prepare.

Looking after someone else is a big responsibility. When you or the person you care for has a planned hospital admission, it is natural to have questions or feel unsure about what comes next.

Help & Care is here to help you plan ahead by providing information, offer advice and guidance before admission, help you understand what support is available, and check-in once you are home.

You don't have to navigate it alone.

Get in touch...



PLANNING AHEAD

We will help you think through how a planned hospital admission may affect your caring role, answer your questions, and help you plan ahead with confidence.



UNDERSTANDING AVAILABLE SUPPORT

We will provide information about the support available within the hospital, help you understand what to expect before and after discharge, and where necessary, signpost you to local services for further support.



FOLLOW-UP SUPPORT

Once the hospital stay is over, we will check in to see how you're getting on, answer any questions you may have, and help connect you with ongoing information, advice and guidance, if needed.

This service is available to unpaid carers if:

- ✓ you or the person you care for are a Dorset Council resident
- ✓ you are due to have a planned hospital admission; or
- ✓ the person you care for has a planned hospital admission.



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www.helpandcare.org.uk