

# Mens Wellness Evening

Wednesday 29th April 5.30 – 7.30 at  
Lyme Regis Medical Centre

## Come along and engage with services

### Speakers:

- Livewell Dorset—6pm
- Prostate Cancer Screening talk—6.30pm

### Your Wellbeing:

- Access Wellbeing
- Social Prescribers
- Axminster & Lyme Cancer Support

### Health Checks Available:

- BP /Pulse
- Height /Weight
- Cholesterol
- HBA1C/Diabetes
- Opportunity to book PSA test if eligible

**No Appointment Needed!**

**All Men Welcome!**

**Tea & Coffee Available**

